**Circle of Friends Day Nursery Menu**

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| Daily | Monday  | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Cereal, toast, fruit | Cereal, toast, fruit | Cereal, toast, fruit | Cereal, toast, fruit | Cereal, toast, fruit |
| Morning snack | Fruit and milk | Fruit and milk | Fruit and milk | Fruit and milk | Fruit and milk |
| Drinks available all day | Water and milk | Water and milk | Water and milk | Water and milk | Water and milk |

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| Week one | Monday | Tuesday | Wednesday | Thursday | Friday |
| Dinner | Cheese and potato pie cauliflower and broccoli | Oven baked fish fillets, new potatoes and veg | Stuffed jackets and beans | Chicken and sweet corn pie with vegetables | Broccoli and cheese pasta bake |
| Desert | Fruit and custard | Frozen yoghurt and fruit | Apple cake and custard | Jelly and ice cream | Angel delight |
| Afternoon tea | Fishcakes and vegetable sticks | Mixed sandwiches | Chicken tikka kebab cucumber, mint, yoghurt | Savoury rice and vegetables | Soup and garlic bread |
| Week two | Monday | Tuesday | Wednesday | Thursday | Friday |
| Dinner | Paella | Roast chicken dinner | Lasagne  | Mince stew, rice and vegetables | Breaded fish, mash, peas and sweet corn |
| Desert | Lemon and raisins pancakes with yoghurt | Angel delight | Strawberry cheesecake | Hot apple sponge and custard | Yogurt and fruit |
| Afternoon tea | Cheese, sweet corn and potatoes cakes with vegetable sticks | Cheese, ham, Fruit and vegetable platter | Chicken strips, garlic bread and dips | Filo parcels, fruit and yoghurt | Herby tomato soup and hot bread |
| Week three | Monday | Tuesday | Wednesday | Thursday | Friday |
| Dinner | Chicken and potato casserole with mixed vegetables | Basil and tomato pasta and vegetables | Fish cakes roast potatoes and vegetables | Sausage hot, new potatoes and vegetables  | Meatballs in tomato sauce, mash and vegetables |
| Desert | Gingerbread | Pineapple chunks and frozen yoghurt | Steam pudding and custard | Yoghurt and fruit | Jelly and fruit |
| Afternoon tea | Savoury pancakes | Fish bites, vegetable sticks and dips | Noodles and garlic bread | Chicken wraps | Cheese, ham fruit and vegetable platter |
| Week four | Monday | Tuesday | Wednesday | Thursday | Friday |
| Dinner | Cottage pie and vegetables | Spaghetti bolognaise and garlic bread | Chicken stir fry noodles | Pasta bake and mixed vegetables | Fisherman’s pie and vegetables |
| Desert | Fruit and yoghurt | Fruit salad | Carrot cake and ice cream | Banana and custard | Melon medley |
| Afternoon tea | Pizza fingers and vegetable sticks | Mixed vegetable rice salad | Soup and cheese straws | Mixed sandwiches | Savoury pasta and vegetables |
| Cook days | Children cook 2 times a week on various days and will make teas, deserts and cakes to bring home |
| Vegetables | We serve seasonal vegetables with a minimum choice of two variety’s |